

# FEBRUARY 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>CENTER HOURS</b> Mon-Thu: 10-7 Sat: 10-3 Closed Fri & Sun				<b>Yoga 12Noon-1PM</b> 1 Ujima 3:30-6 Play & Learn Garfield 10:30-12:30 Denny Park 4-6	2 <b>Ujima</b> 3:30-6	<b>Environmental Education &amp; Exploration for Preschoolers 10-12</b> <b>Mid-Day Movie 12-3</b>
4	5 <b>SELF DEFENSE 9-12</b> <b>Ujima</b> 3:30-6	<b>Yoga 12Noon-1PM</b> 6 Play & Learn Garfield 10:30-12:30 Cascade 5:30-7:30 <b>Ceramics</b> 5:30-7:30 <b>Ujima</b> 3:30-6	<b>Breakfast 7:30am</b> 7 Preschool Spanish Class 6:30-7:30 Play & Learn Windsor 10-12 <b>Volunteer Orientation 3 pm</b> <b>Ujima</b> 3:30-6	<b>Yoga 12Noon-1PM</b> 8 <b>Ujima</b> 3:30-6 Play & Learn Garfield 10:30-12:30 Denny Park 4-6	9 <b>Ujima</b> 3:30-6 <i>Family Valentine's Day Dinner</i> <small>Contact Judi to make reservations</small>	10
11 <b>Single2Mother Potluck 5-7pm</b>	12 <b>SELF DEFENSE 9-12</b> <b>Ujima</b> 3:30-6 <b>EcoCascade 6-8pm</b>	<b>Yoga 12Noon-1PM</b> 13 Play & Learn Garfield 10:30-12:30 Cascade 5:30-7:30 <b>Ceramics</b> 5:30-7:30 <b>Ujima</b> 3:30-6	<b>Breakfast 7:30am</b> 14 Play & Learn Windsor 10-12 <b>Ujima</b> 3:30-6 <b>Dan's Community Evaluation &amp; Dinner 6-8pm</b>	<b>Yoga 12Noon-1PM</b> 15 <b>Ujima</b> 3:30-6 Play & Learn Garfield 10:30-12:30 Denny Park 4-6	16	17 <b>Center Closed</b> <b>Mid-Day Movie 12-3</b>
18	19 <b>Center Closed</b> <b>SELF DEFENSE 9-12</b>	<b>Yoga 12Noon-1PM</b> 20 <b>Ceramics</b> 5:30-7:30 Play & Learn Garfield 10:30-12:30 Cascade 5:30-7:30 <b>Mid-Winter Break Camp</b>	<b>Breakfast 7:30am</b> 21 Play & Learn Windsor 10-12 <b>Mid-Winter Break Camp</b>	<b>Yoga 12Noon-1PM</b> 22 Play & Learn Garfield 10:30-12:30 Denny Park 4-6 <b>Mid-Winter Break Camp</b>	23	24 <b>Living Green Sustainability Conference 10:30am-3pm</b>
25	26 <b>SELF DEFENSE 9-12</b> <b>Ujima</b> 3:30-6 <b>EcoCascade 6-8pm</b>	<b>Yoga 12Noon-1PM</b> 27 Play & Learn Garfield 10:30-12:30 Cascade 5:30-7:30 <b>Ceramics</b> 5:30-7:30 <b>Ujima</b> 3:30-6	<b>Breakfast 7:30am</b> 28 Play & Learn Windsor 10-12 <b>Ujima</b> 3:30-6 Preschool Spanish Class 6:30-7:30	Todos los programas son Gratis todos son bienvenidos. We welcome all to participate. We are located within walking distance of bus routes #8, 25, 70-74, 77, 70, 304, 317, 255, 377. <b>ALL PROGRAMS ARE FREE AND OPEN TO ALL.</b> Free childcare is provided for all activities. Please call in advance to register. Call for more information: (206) 587-0320 • cascadepeoplescenter@lcsnw.org • www.cascadepeoplescenter.org Cascade People's Center is a program of Lutheran Community Services Northwest.		