



JUNE 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
CENTER HOURS Mon-Thu: 10-7 Fri: 10-6 Closed Sat & Sun		Todos los programas son Gratis todos son bienvenidos. We welcome all to participate. We are located within walking distance of bus routes #8, 25, 70-74, 77, 70, 304, 317, 255, 377. ALL PROGRAMS ARE FREE AND OPEN TO ALL. Free childcare is provided for all activities. Please call in advance to register. Call for more information: (206) 587-0320 • www.cascadepeoplescenter.org Cascade People's Center is a program of Lutheran Community Services Northwest.				1 Play & Learn Meadowbrook 10:30-12:30 Ujima 3:30-6	2 Mid-Day Movie 12-3
3	4 SELF DEFENSE 9-12 Ujima 3:30-6	5 Yoga 12Neon-1PM Play & Learn Garfield 10:30-12:30 Cascade 5:30-7:30 Ceramics 5:30-7:30 Ujima 3:30-6	6 Breakfast 7:30am Play & Learn Windsor 10-12 Ujima 3:30-6 Preschool Spanish Class 6:30-7:30	7 Yoga 12Neon-1PM Ujima 3:30-6 Play & Learn Garfield 10:30-12:30 Denny Park 4-6	8 Play & Learn Meadowbrook 10:30-12:30 Ujima 3:30-6	9	
10 Single2Mother Potluck 5-7pm	11 SELF DEFENSE 9-12 Ujima 3:30-6 EcoCascade 6-8pm MANDATORY SUMMER CAMP PARENT MEETING 6:30PM	12 Yoga 12Neon-1PM Play & Learn Garfield 10:30-12:30 Cascade 5:30-7:30 Ceramics 5:30-7:30 Ujima 3:30-6	13 Breakfast 7:30am Play & Learn Windsor 10-12 Ujima 3:30-6	14 Yoga 12Neon-1PM Ujima 3:30-6 Play & Learn Garfield 10:30-12:30 Denny Park 4-6	15 Play & Learn Meadowbrook 10:30-12:30 Ujima 3:30-6	16 Mid-Day Movie 12-3	
17	18 SELF DEFENSE 9-12 Ujima 3:30-6	19 Yoga 12Neon-1PM Play & Learn Garfield 10:30-12:30 Cascade 5:30-7:30 Ceramics 5:30-7:30 Ujima 3:30-6	20 Breakfast 7:30am Play & Learn Windsor 10-12 Ujima 3:30-6	21 Yoga 12Neon-1PM LAST DAY Ujima 3:30-6 Play & Learn Garfield 10:30-12:30 Denny Park 4-6	22 Play & Learn Meadowbrook 10:30-12:30	23	
24	25 SELF DEFENSE 9-12 EcoCascade 6-8pm	26 Yoga 12Neon-1PM Play & Learn Garfield 10:30-12:30 Cascade 5:30-7:30 Ceramics 5:30-7:30	27 Breakfast 7:30am Play & Learn Windsor 10-12 Preschool Spanish Class 6:30-7:30	28 Yoga 12Neon-1PM Play & Learn Garfield 10:30-12:30 Denny Park 4-6	29 Play & Learn Meadowbrook 10:30-12:30	30	