

MAY 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>ALL PROGRAMS ARE FREE AND OPEN TO ALL. Free childcare is provided for all activities. Please call in advance to register. Call for more info: (206) 587-0320 • www.cascadepeoplescenter.org A program of Lutheran Community Services NW</p>		<p>Yoga 12Noon-1PM 1</p> <p>Play & Learn Garfield 10:30-12:30 Cascade 5:30-7:30</p> <p>Ceramics 5:30-7:30</p> <p>Ujima 3:30-6</p>	<p>Breakfast 7:30am 2</p> <p>Play & Learn Windsor 10-12</p> <p>Ujima 3:30-6</p> <p>Preschool Spanish Class 6:30-7:30</p>	<p>Yoga 12Noon-1PM 3</p> <p>Ujima 3:30-6</p> <p>Play & Learn Garfield 10:30-12:30 Denny Park 4-6</p>	<p>4</p> <p>Play & Learn Meadowbrook 10:30-12:30</p> <p>Ujima 3:30-6</p>	<p>5</p> <p>Mid-Day Movie 12-3</p> <p><i>Family Camping Trip</i></p>
<p>6</p> <p><i>Family Camping Trip</i></p>	<p>7</p> <p>SELF DEFENSE 9-12</p> <p>Ujima 3:30-6</p>	<p>Yoga 12Noon-1PM 8</p> <p>Play & Learn Garfield 10:30-12:30 Cascade 5:30-7:30</p> <p>Ceramics 5:30-7:30</p> <p>Ujima 3:30-6</p>	<p>Breakfast 7:30am 9</p> <p>Play & Learn Windsor 10-12</p> <p>Ujima 3:30-6</p>	<p>Yoga 12Noon-1PM 10</p> <p>Ujima 3:30-6</p> <p>Play & Learn Garfield 10:30-12:30 Denny Park 4-6</p> <p>Judi's Community Evaluation & Dinner 6:30-8pm</p>	<p>11</p> <p>Play & Learn Meadowbrook 10:30-12:30</p> <p>Ujima 3:30-6</p>	<p>12</p>
<p>13</p> <p>Single2Mother Potluck 5-7pm</p>	<p>14</p> <p>SELF DEFENSE 9-12</p> <p>Ujima 3:30-6</p> <p>EcoCascade 6-8pm</p>	<p>Yoga 12Noon-1PM 15</p> <p>Play & Learn Garfield 10:30-12:30 Cascade 5:30-7:30</p> <p>Ceramics 5:30-7:30</p> <p>Ujima 3:30-6</p>	<p>Breakfast 7:30am 16</p> <p>Play & Learn Windsor 10-12</p> <p>Ujima 3:30-6</p>	<p>Yoga 12Noon-1PM 17</p> <p>Ujima 3:30-6</p> <p>Play & Learn Garfield 10:30-12:30 Denny Park 4-6</p>	<p>18</p> <p>Play & Learn Meadowbrook 10:30-12:30</p> <p>Ujima 3:30-6</p> <p>Family Coffeehouse & Open Mic 6-9</p>	<p>19</p> <p>Mid-Day Movie 12-3</p>
<p>20</p>	<p>21</p> <p>SELF DEFENSE 9-12</p> <p>Ujima 3:30-6</p>	<p>Yoga 12Noon-1PM 22</p> <p>Play & Learn Garfield 10:30-12:30 Cascade 5:30-7:30</p> <p>Ceramics 5:30-7:30</p> <p>Ujima 3:30-6</p>	<p>Breakfast 7:30am 23</p> <p>Play & Learn Windsor 10-12</p> <p>Ujima 3:30-6</p> <p>Preschool Spanish Class 6:30-7:30</p>	<p>Yoga 12Noon-1PM 24</p> <p>Ujima 3:30-6</p> <p>Play & Learn Garfield 10:30-12:30 Denny Park 4-6</p>	<p>25</p> <p>Play & Learn Meadowbrook 10:30-12:30</p> <p>Ujima 3:30-6</p>	<p>26</p> <p>CENTER CLOSED</p>
<p>27</p> <p>CENTER CLOSED</p>	<p>28</p> <p>CENTER CLOSED</p> <p>SELF DEFENSE 9-12</p> <p>MEMORIAL DAY</p>	<p>Yoga 12Noon-1PM 29</p> <p>Play & Learn Garfield 10:30-12:30 Cascade 5:30-7:30</p> <p>Ceramics 5:30-7:30</p> <p>Ujima 3:30-6</p>	<p>Breakfast 7:30am 30</p> <p>Play & Learn Windsor 10-12</p> <p>Ujima 3:30-6</p>	<p>Yoga 12Noon-1PM 31</p> <p>Ujima 3:30-6</p> <p>Play & Learn Garfield 10:30-12:30 Denny Park 4-6</p>	<p>Todos los programas son Gratis todos son bienvenidos. We welcome all to participate. We are located within walking distance of bus routes #8, 25, 70-74, 77, 70, 304, 317, 255, 377.</p>	<p>CENTER HOURS Mon-Thu: 10-7 Fri: 10-6</p>